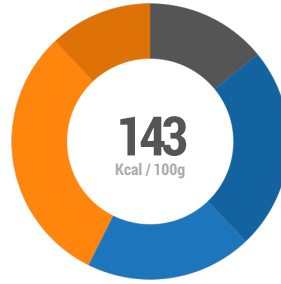


Yoghurt & Granola Breakfast Pot

Organic yoghurt and granola breakfast pot with pistachio kernels, pomegranate seeds, almonds and orange zest

Overview ...



CALORIES:

43.2% Carbs

14.1% Protein

42.6% Fat

Food Labelling...

Serves 1

CONTAINS:



OATS, WHEAT,
BARLEY



ALMONDS,
PISTACHIOS



MILK

MAY CONTAIN:



HAZELNUTS,
PECANS,
CASHEWS,
WALNUTS,
BRAZIL NUTS,
MACADAMIAS



PEANUTS

OTHER PROPERTIES:



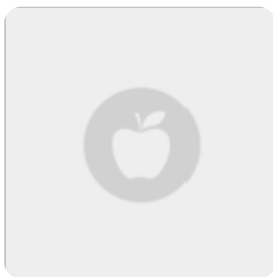
VEGETARIAN

Recipe Ingredients ...

Recipe Ingredients ...	Quantity:	Description:
115794 - 115794 Brakes Organic Natural Yogurt.. - BRAKES	85g	0.04x Each
115401 - 115401 Kelloggs Granola Bag.. - BRAKES	30g	0.02x Each
74817 Pomegranate Seeds.. - BRAKES	5g	
10312 Large Oranges.. - BRAKES	72g	
8823 Brakes Pistachio Kernels.. - BRAKES	7.5g	
5874 Brakes Flaked Almonds.. - BRAKES	5g	

Products / Pack Sizes ...

1 Serving



 *Product code*

 *Barcode*

 205g / 304kcal

1

Cooking Instructions & Notes

Preparation:

Toast the almonds
Zest & juice the orange

Method:

1. Mix all the ingredients together in a bowl - excluding the granola
2. Spoon this mix into your chosen glass/dish
3. Top with the granola - serve!